



LIFE SKILLS ANALYSIS OF SINGLE AND DOUBLE NUMBER ATHLETES IN THE SPORT BRANCH OF BADMINTON

LIA NOVIANTI (1802393)

SPORT COACHING EDUCATION INDONESIA UNIVERSITY OF EDUCATION

INTRODUCTION

life skills aims to provide life skills programs improve positive character and values. Sports athlete single and dual sport athletes can produce maximum performance, life skills or life skills. Research conducted by Angka Wijaya on badminton athletes at well-known clubs in Indonesia in 2017 revealed that athletes, especially teenage athletes, often experience difficulty in determining their life goals. Truly extraordinary athletes not only have extraordinary physical abilities, but also strong mental strength. Emotional intelligence, endurance, and the ability to handle the stress of competition are important factors that differentiate successful athletes from others. It also underlines the importance of developing a balance between ambitious sporting goals and healthy personal development. With the life skills of athletes badminton well single or double this trained to deal effectively with the problems that confront them. Therefore, research herring in finding out what the level of athlete's life skills is badminton both singly and multiplely related to formation character.

FORMULATION OF THE PROBLEM

1. How profile life skills athlete number single on branch sport badminton?
2. How profile life skills athlete number double on branch sport badminton?
3. Is there a difference in life skills between athlete number Single and double on branch sport badminton?

RESEARCH PURPOSES

1. Know description profile life skills athlete on number single double branch sport badminton.
2. Know description profile life skills athlete on number double branch sport badminton?
3. Test comparison profile life skills based on athlete on number Single and double branch sport badminton.

METHODS

- Method study: descriptive with approach quantitative
- Design study: design survey
- Population: Population Which involved in study This consists from athlete badminton Which consists from group athlete branch sport single And double on branch sport badminton.
- This research uses sampling method Proportional Random Sampling or Proportional Random Sample, samples that Which used as much 80 athlete
- Instrument study: instrument questionnaire Life Skills Scale for Sport (LSSS)

RESULT

- Statistical Results of Life Skills Levels Based on Life Components Skills In Sports Badminton Single Number

Variable	Component	<i>Life Skills</i> Single Number Athlete				Category
		m	Total Score	Ideal Score	Percentage	
<i>Life Skills</i>	Cooperation	30.75	1230	1400	87.86%	Very good
	Goal Setting	30.50	1220	1400	87.14%	Very good
	ManagementTime	17,18	687	800	85.88%	Very good
	Skills Emotional	34.68	1387	1600	86.69%	Very good
	Social Skills	38.40	1536	1800	85.33%	Very good
	Leadership	25.65	1026	1200	85.50%	Very good
	Solve problem&TakingDecision	27.15	1086	1200	90.50%	Very good
	The total of all components<i>life skills</i>	204.3	8172	9400	86.94%	VeryGood

RESULT

- Statistical Results of Life Skills Levels Based on Life Components Skills In Sports Badminton Double Number

Variable	Component	<i>Life Skills</i> Doubles Athlete				
		m	Total Score	Ideal Score	Percentage	Category
<i>Life Skills</i>	Cooperation	30.60	1224	1400	87.43%	Very good
	Determination Objective	30.48	1219	1400	87.07%	Very good
	ManagementTime	17.50	700	800	87.50%	Very good
	Emotional Skills	35.53	1421	1600	88.81%	Very good
	Social Skills	38.78	1551	1800	86.17%	Very good
	Leadership	26.30	1052	1200	87.67%	Very good
	Solve problem&TakingDecision	27.25	1090	1200	90.83%	Very good
	The total of all components<i>life skills</i>	206.43	8257	9400	87.84%	VeryGood

DISCUSSION

- data processing and analysis shows that the level of life skills in singles athletes is in the very good category, like wise the doubles athletes are in the very good category.
- the doubles athletes are in the very good category. For percentage rate life skills the best are in the group of sports athletes badminton club Bandung City in doubles compared to athletes in singles.
- rate percentage life skills the best are in the group of sports athletes badminton club Bandung City in doubles compared to athletes in singles.

CONCLUSION

- Athlete's level of life skills badminton the single number as a whole is in the very good category.
- Athlete's Life Skills Level badminton overall the doubles number is in the very good category.
- Athlete badminton in singles and doubles the sameThe samehave excellent life skills.

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